



WEST SUFFOLK ATHLETICS CLUB

CODE OF CONDUCT FOR COACHES



All coaches at West Suffolk Athletics Club agree to abide by the following code of conduct:

- To take full responsibility for the club's coaching sessions at West Suffolk Athletics Arena on Tuesday and Thursday evening from 6.30pm to 8.30pm.
- Respect the rights, dignity and worth of every athlete and others involved in athletics and treat everyone equally.
- To maintain high ethical standards in coaching, ensure they keep up-to-date with their knowledge, skills and qualifications.
- Consider the welfare and safety of participants before the development of performance.
- Develop an appropriate working relationship with participants, based on mutual trust and respect.
- Be appropriately qualified including obtaining CRB, update your licence and education as and when required by UKA and adhere to the terms of the coaching licence
- Ensure that activities you direct or guide are appropriate for the age, maturity, experience and ability of the individual athlete
- At the outset clarify with athletes (and where appropriate, with parents or carers) exactly what it is that is expected of them and what athletes are entitled to expect from you
- Follow all guidelines implemented by UK Athletics, England Athletics and the club.
- Never try to recruit, either overtly or covertly, athletes who are already receiving coaching. If approached by an athlete receiving coaching, refer immediately to the coach/club currently providing coaching support.
- Try to observe a recommended maximum ratio of 1 coach to 12 athletes at a training session or work in partnership with another coach/coaching assistant.
- Cooperate fully with others involved in the sport such as officials, team managers, other coaches, and representatives of the governing body in the best interests of the athlete.
- Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances.
- Guide athletes to accept responsibility for their own performance and behaviour. Encourage participants to value performance and not just results.