



WEST SUFFOLK ATHLETICS CLUB

AWARDS, RANKINGS AND RECORDS



Shine Awards: The club promote and implement the Aviva shine:awards for junior members in the U13, U15, and U17 age categories. Level 3 and 4 certificates (depending on the athlete's age) are awarded for speed, jumps, endurance, throws and star:track, pentathlon, heptathlon and decathlon awards. Details of the shine awards system are made available to both parents and athletes at the annual awards evening.

Amateur Athletics Association standards: A spreadsheet detailing athletes' performances in every track and field competition throughout the indoor and outdoor season is compiled and the club then apply for the relevant AAA's standards certificates and badges achieved by club members. These are then presented at the annual awards evening.

Club Rankings: An annual list of club rankings is compiled and distributed to parents, coaches, officials, athletes, and volunteers at the annual presentation evening. The club promote intra-club competition and the rankings provide athletes with this opportunity as well as details of their seasons best performances in each event.

Club Records: There are clubs records in place for all events within each age category from junior through to senior members. Club records are continually updated, and athletes who break a club are rewarded with a certificate and trophy at the annual awards evening. Club records are available to view at club training sessions and displayed on the club website.

Power of 10: The club submit results from home meetings and intra club competition to the power of 10 website. The club ensures that athletes are registered so that their performance is recognised. The club monitor and update power of 10 where necessary. Members are encouraged to use the website to track performance and use as a competitive and motivational tool.

Annual awards evening: Each November the clubs hosts its annual presentation evening. The above certificates are awarded to those that have achieved them, and trophies are awarded for best performance, most improved, combined events, cross country and road running athletes' of the year. In addition, trophies are awarded to the male and female athlete within each age groups that have scored the most points for the club throughout the duration of the season in both league, county and open competition to reward athletes for commitment to their club and successful performances.

Athlete of the Match: This is awarded to an outstanding athlete at each of the league competitions. This may be for performance, commitment, team spirit among other reasons, and is chosen by the team manager.

Athlete of the Month: The committee choose a male and female club athlete to be awarded a certificate and trophy for athlete of the month.