



## Code of Conduct

When joining the Club, you take on three major commitments, to the club, the sport and your coach.

- As a Club member you are expected to project a professional image and attitude to athletics, coaches and the outside world. The Club and your coach are judged not only by your personal performances but also by the manner in which you carry these out.
- Personal appearances are a matter of individual choice but should project the image of the personal discipline to be expected of an athlete.
- Commitments are obligations and, where possible, the athlete should agree to be available for coaching and club fixtures both home and away. This also applies to punctuality and time spent with your coach.
- Personal manners and courtesies are readily picked up by others. Club members are expected to behave to the highest standards whilst on the track. This applies to all occasions whether home or away, training or competing.
- Inform your coach of any other coaching that you are seeking or receiving
- Avoid any destructive behaviour and leave athletics venues as you find them
- Bad language, verbal, drug, or alcohol abuse and projecting an image not indicative of club standards are not acceptable.
- Please remember that all coaches, officials and club officers are volunteers and give up a lot of time to allow you to participate in athletics. Use good manners, respect decisions made, and thank the coaches and officials who enable you to participate in athletics.

Any Member behaving in an unacceptable manner can expect an initial warning, followed by disciplinary action should the behaviour persist. Should an occurrence of this behaviour be experienced at competitions, the Team Manager has the power to instantly suspend an offending athlete from competing on the day.

Athletes should remember that Team Managers are responsible for the safety of athletes whilst on away meetings. No athlete should leave any venue without the permission of the Team Manager and if refused permission, should accept that this is considered to be in their own best interest and for their own personal safety.

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## Code of Conduct Agreement

I have read and understood the above Code of Conduct of West Suffolk Athletics Club and agree to follow the guidelines and conditions explained within the Code of Conduct.

Name:

Signed by athlete:

Date:

*For any athletes under 16 years of age, the club also requires the signature of parent/guardian to agree to the member adhering to the above code of conduct.*

Parent/guardian name:

Signed by parent/guardian:

Date:

*Please complete and return the code of conduct with your membership form.*